



WELLNESS  
SPA & SALON

# Spa

## MASSAGES

### 1859 MASSAGE

A relaxing Swedish massage using soft, long, kneading strokes, as well as light, rhythmic, tapping strokes to help you unwind, relax and de-stress.

60mins \$95 80mins \$135

### CAROL'S HOT TOWEL THERAPY

A Swedish massage incorporated with warm towels infused with your choice of Sandalwood, Lavender or Ginger Root Oil that will leave you in a zen state of mind.

80mins \$145

### BALANCE HERBAL MASSAGE

A warming herbal massage that grounds the mind, eases muscle tension and restores internal balance using Ginger Root Oil.

60mins \$105 80mins \$145

### REST HERBAL MASSAGE

This deeply relaxing treatment, featuring long, connective strokes, is designed to ease fatigue and soothe an over-stressed nervous system using Lavender Blossom Oil.

60mins \$105 80mins \$145

### RENEW HERBAL MASSAGE

This stimulating Deep Tissue massage encourages circulation and relieves muscle soreness and stiff joints while energizing the senses using Alpine Arnica Oil.

60mins \$105 80mins \$145

### PRE-NATAL MASSAGE

A light massage using side-line techniques & pillows to relax the mind & calm the body for the mom to be.

60mins \$105

## SPORT MASSAGE

A recovery massage for the athlete using stretching & compression therapy to revitalize sore, tired muscles (option to wear loose comfortable clothes).

60mins \$95 80mins \$135

## ADD-INS

### Cupping

Cupping therapy is an ancient form of alternative medicine in which a therapist places special cups on your skin for a few minutes to create suction. The suction and negative pressure provided by cupping can loosen muscles, encourage blood flow, and sedate the nervous system.

\$25

### Warm Himalayan Salt Stones

Himalayan salt contains more than 80 trace minerals that are absorbed by your body helping to replenish minerals lost during hard workouts or ongoing stress. In addition, the salt also helps balance the positive and negative ions. This balance can help reduce inflammation, which causes pain and illness.

\$25

### Chakra Balancing

During a Chakra Balancing Session, using a pendulum, the therapist assesses the flow of energy and removes energy blockages and evens out the flow from all the chakras. When your chakras are balanced, in most cases you feel energized and lighter.

\$25

### CBD OIL

The anti-inflammatory and pain-relieving agents in CBD Oil reduce inflammation within muscles and joints, allowing the massage therapist to work more effectively.

\$30

## **BODY TREATMENTS**

### Mint Foot Therapy

Reinvigorate & stimulate tired legs & feet. Includes exfoliation with a light scrub and finishing with a mighty mint balm and mint-infused towels.

25mins \$50

### Body Buff

Renew your skin with a Rosemary Citron exfoliating salt scrub & after a warm shower, finishing with a Rosemary moisturizer leaving your skin soft & supple.

60mins \$120

## Aloe Detox Therapy

45min \$95

This treatment focuses on increasing awareness of every system within the body. The full body is exfoliated using a dry brush. Dry brushing can enhance lymphatic drainage, reduce cellulite and gently exfoliate skin. Our deeply hydrating Aloe moisturizer is then applied to the skin. Skin will appear more radiant and you will leave feeling re-energized.

## HYDRAFACIAL SKIN CARE

### Platinum Hydrafacial

The ultimate Hydrafacial experience. Begin the detoxification process with Lymphatic Drainage. Follow with the signature Hydrafacial to deeply cleanse, extract and hydrate the skin. Address specific skin concerns with a booster of your choice. This treatment includes LED Light Therapy to further reduce the visible signs of aging.

60mins \$300 (Introductory price \$260)

### Deluxe Hydrafacial

This invigorating treatment includes all the essentials of the Signature Hydrafacial while addressing specific skin concerns. Includes a booster (specialty serum) discussed and decided with your Esthetician as well as LED Light Therapy.

45mins \$275 (Introductory price \$235)

### Signature Hydrafacial

Deep cleanse, extract, and hydrate the skin through our super serums filled with antioxidants, peptides, and hyaluronic acid.

30mins \$199 (Introductory \$159)

### Back Signature Hydrafacial

Stand-alone 30mins \$225

Add-in with Signature Hydrafacial \$135

## SKIN CARE

1859 Signature Facial

Our signature facial is an experience designed to address the unique nature of all skin types. Customized using fresh Hawaiian nectars, potent botanicals and tropical beauty elixirs. This facial will unveil a vibrant and well-balanced complexion from the inside out. Escape into a moment of well-being and total serenity. (Extractions not included)  
60mins \$85

#### Blissful Express

This quick yet highly effective treatment is perfect for those on the go or for anyone else who is new to skincare treatments. It includes the top three most important steps to healthy skin; a cleansing, exfoliation and mask application. Key ingredients include Manula Honey, Prickly Pear & White Tea.

\*This service does not include steam or extractions.

30 mins \$55

#### Illumination Facial (vitamin C)

This treatment helps to reverse the effects of sun damage as antioxidants transform the skin's complexion and clarity. Featuring a potent exfoliating peel with sweet cherry extract and resveratrol. Appropriate for all skin types lacking nourishment due to environmental stress and inflammation. Skin will appear more even, firmer and brighter.

60mins \$120

#### Pure Vitality Facial (Wrinkle Repair)

A corrective treatment to combat the visible signs of fatigued and aging skin. Powerful peptides and argan plant stem cells are applied to the skin to promote cell protection and rejuvenation. Fine lines are reduced, and skin density is improved. Recommended for aged and deeply wrinkled skin.

60mins \$130

#### Rebalancing Facial (Acne Repair)

This treatment can help improve any stage of the acne process. Your skin will undergo a deep cleansing and exfoliation with Pumpkin and Moss Extracts. Includes extractions and a gentle lymphatic drainage massage to promote healing and detoxification.

45mins \$85

### Gentlemens' Facial

This treatment will ease razor burn, provide a deep cleansing and restores tone and texture within the skin. Aloe and Vitamin C helps to calm inflammation due to shaving and other irritants.

60mins \$85

### Moisture Drench Facial (Hydrating)

A deeply hydrating treatment for thirsty, dehydrated skin. Skin is immediately replenished with soothing hibiscus and white tea extracts.

60mins \$100

### Restorative Facial (Soothing)\*

Targeted towards rosacea and extremely sensitive skin types. This treatment involves cool towels and reduces redness as well as inflammation. Aloe and sweet lupine amplify the healing process and repair skin.

\*Consult with your esthetician if your skin is a candidate for extractions.

60mins \$95

### Dermaplane Facial

An innovative treatment that removes the top layer of dead skin cells through a controlled scraping. Vellus hair is removed to unveil brighter skin. Most useful for mild acne scarring, fine lines, dry or rough skin and hyperpigmentation.

60mins \$125

### Add-ons:

Neck and Décolleté

Stand-alone 10mins \$99

Add-in with Signature Hydrafacial \$65

Perk Lip plump \$25

Perk Eye plump \$25

## TINTING AND WAXING

Lash tint \$30

Brow tint \$25

Lip wax \$10

Eyebrow wax \$15

Chin wax \$10

Cheek wax \$15

## NAIL SERVICES

Manicures

Express Manicure \$18

For on the go. Light nail maintenance that includes nail trimming and shaping, light cuticle care, moisturizer and polish.

Classic Manicure (Marine/CND) \$22

Full-service manicure. Includes full nail maintenance that includes nail trimming and shaping, cuticle care, oil massage, warm towel and polish.

1859 Spa Manicure \$30 (GEL POLISH ADD-ON \$10)

For that more luxurious feel. Full-service manicure including a Rosemary Citron exfoliation, a mask, and oil massage with warm towel and polish.

Gel Manicure \$38

Full- service DRY manicure. Basic nail maintenance that includes oil massage and warm towel. Includes 14day CND Shellac polish.

Pedicures

Express Pedicure \$25

In and Out. Light nail and foot maintenance that includes nail trimming and shaping along with light cuticle care, moisturizer and polish.



Classic pedicure (Marine/CND) \$45

Full-service pedicure including nail and foot maintenance that includes nail trimming and shaping, cuticle care, scrub, oil massage with warm towel and polish.

1859 Spa Pedicure \$55 (GEL POLISH ADD-ON + \$15)

Full-service nail and foot treatment using our Rosemary Citron exfoliation, mask, oil Himalayan salt rock massage, warm towel and polish.

Gel Pedicure (Marine/CND) \$55

Full- service including nail and foot maintenance that involves nail trimming and shaping, cuticle care, scrub, oil massage with warm towel and includes 14day CND Shellac Polish.

Foot Soak \$30

Escape in a delight of an aromatherapy foot soak. Enjoy a warm neck wrap while you soak your stress away. This service begins with a blend of epsom & sea salts mixed with your choice of essential oil to relax and unwind. A light foot and leg massage will rejuvenate tired feet. Choice of oils includes lavender, eucalyptus, or ginger root.

Nail Service Add-Ons:

Gel polish removal \$15

Polish change \$10

French Manicure \$5

Nail designs \$2.50 per nail

Mini Nail Care (Ages 5-12 NO CUTICLE CUTTING)

Manicure (Includes one free nail art per hand) \$8

Light nail maintenance includes trimming and shaping, light push back of cuticles (using orang wood stick) moisturizer and polish. Ages 6-12 can receive hot towel.

Pedicure (includes one free nail art per foot) \$12

Light nail/foot maintenance includes trimming and shaping, light push back of cuticles (using orange wood stick) scrub, moisturizer, and polish. Ages 6-12 can receive warm towel

\*Any additional Mini nail designs \$2

# SPA PACKAGES

## 1859 Wellness Package

Your wellness journey will begin with our 1859 Swedish massage, continuing with our 1859 signature facial. Now that you're relaxed you will venture upstairs for a day of beauty with our classic manicure, pedicure, shampoo, blow dry, and curl. A light lunch will complete your journey of relaxation and bliss. (see lunch menu for choices)

5hours 30mins \$320

## 1859 Spa Experience

Your Experience will begin with a Carol's Hot Towel Therapy massage, followed by our Moisture Drench facial, once you're experiencing a state of zen you will journey upstairs to continue with a day of beauty including, our spa manicure, pedicure, shampoo, blow dry, and curl. Then your day will be completed with a make-up application leaving you refreshed, renewed, and recharged. A light lunch will be served. (see menu for choices)

6hours 30mins \$455

## 1859 Spa Day

Enjoy a day of pampering with an 1859 signature massage and facial then receive a classic manicure and pedicure. Let this Day leave you feeling re-energized, replenished, and uplifted. 3hours \$250 (lunch can be added for an additional \$25 refer to the lunch menu and must be stated at time of making the appointment)

## Bridal Parties/Girl Spa Day

\*please call spa for private reserved parties

\*A 50% deposit will be required for all private parties

# SALON

## Women

Shampoo/cut & blow dry \$65+

Shampoo/bow dry & curl \$45+

Scalp treatment \$35+

Single process color \$65+

Full foil highlights \$120+

Partial foil highlights \$65+

Cap highlights \$85+

Corrective color \*By consultation only

Hair extensions \*By consultation only

Toner or glaze \$25

Keratin complex \$250+

Chemical relaxer \$100+

Perm \$80+

Hair up-do \$85+

Bang trim \$10+

## Men

Haircut \$28+

Beard trim \$10+

## Kids

Girls shampoo and cut \$25-45

Boys

shampoo and cut \$20-35

Bang trim \$10

## **\*SERVICES AVAILABLE BY CONSULTATION:**

Lash lift

Lash extension

Make-up application

## LUNCH MENU

Jake's and Cooper's Wine Bar

Portabella Mushroom Soup

Chicken stock, touch of cream, truffle oil

Avocado Toast

2pcs toasted sourdough, avocado, hard-boiled egg, smoked salmon, cherry tomato, scallion, everything but the bagel seasoning

Tuna Nicoise Salad

Mixed greens, olives, green beans, tomato, egg, fingerling potato, balsamic vinaigrette

Cobb Salad

Mixed greens, beef salami, roasted turkey, tomato, egg, avocado, feta, house made ranch

Red Leaf Salad

Red oak leaf, pear, gorgonzola, spiced pecans, balsamic vinaigrette

Roquefort Salad

Bibb lettuce, endive, watercress, applewood smoked bacon, crouton, roquefort dressing

Roasted Beets & Oranges

Goat cheese, curried sunflower seeds, candy beets, watercress, beet red wine vinaigrette

Crab Cake Sandwich

Potato bun, lettuce, tomato, remoulade sauce, malt vinegar chips

Add Protein to a Salad

Chicken/Roasted Turkey/Filet Tips/Salmon

Dressing Substitutes

Parsley lime/Lemon Thyme/Roquefort/Balsamic/Ranch

## *Spa Etiquette*

- ★ Arrive at least 15 mins prior to your appointment
- ★ Ask questions
- ★ Silence your Cell Phone
- ★ Quiet time - respect the tranquility of the spa
- ★ Tipping - it is not required however it's appropriate to tip 15-20% of the service bill

### **24 Hour Cancellation Policy**

A credit card is required to reserve an appointment. Please provide at least 24hour notice if you need to cancel or reschedule an appointment. For groups of three or more 48hours of notice is required to cancel or reschedule. Late cancellations or no-shows will be charged 50% of service scheduled.